

## RECREATION - PRESCHOOL

### YOUNG REMBRANDTS PRESCHOOL DRAWING CLASSES

#### Cars, Trains, Trucks and Planes (Ages 3.5 - 5)

Vroooooom! Honk! Choo-choo! Does your child love anything with wheels? In this fun class, just for preschoolers, we will draw all sorts of vehicles, and have lots of fun dreaming of being a race car driver, railroad engineer, or airline pilot. We'll fill our drawings with cars, trucks, airplanes, trains, and more. Don't miss this exciting, original, hands-on art class!

Registrations must be received by the Friday before class begins.

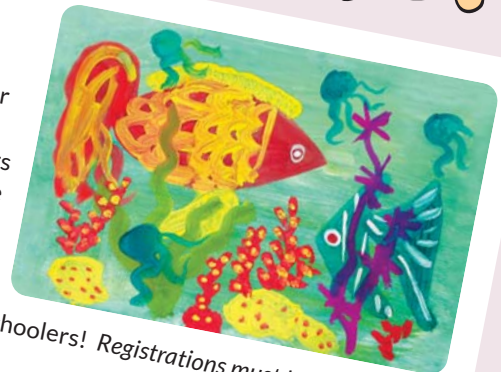
#18438..... R \$49/NR \$59  
M 10/3-10/31 9:30-10:15 a.m.  
Loc: Lytle House



#### Under the Sea (Ages 3.5 - 5)

Grab your goggles - Young Rembrandts is taking your child on a fantastic underwater voyage! In this fun five-week class, we will draw amazing sea creatures with bold colors and patterns. We will even imagine what life is like for mermaids and mermen! Come explore an amazing world filled with lobsters, jellyfish, and even a shark or two - all in a creative, hands-on art class just right for preschoolers!

Registrations must be received by the Friday before class begins.  
#18439..... R \$49/NR \$59  
W 10/5-11/2 9:30-10:15 a.m.  
Loc: Lytle House



### CLASS LOCATIONS

Cedar Grove Park  
22421 9<sup>th</sup> Ave SE, Bothell, 98021

Downtown Firehouse  
10726 Beardslee Blvd., Bothell, 98011

Frank Love Elementary  
303 224<sup>th</sup> St. SW, Bothell, 98021

Lytle House/Park at Bothell  
Landing  
9929 NE 180<sup>th</sup> St., Bothell, 98011

Stipek Park  
1800 242<sup>nd</sup> St. SE, Bothell, 98021



#### Young Rembrandts African Safari (Ages 6 - 12)

Go on a Safari adventure with Young Rembrandts! Over the course of six weeks, we will draw a variety of African animals in various scenes using different media, including colored pencils, markers, and chalk pastels. To keep things fresh, we will include a day of Cartooning - looking at the silly side of the safari! Our exploration through Africa allows for a bounty of adventure and creativity. No experience necessary. *Registrations must be received by the Friday before class begins.*

#18437..... R \$72/NR \$86  
T 10/4-11/1 4-5 p.m. Loc: Lytle House



#### STEAM Lab Robotics (Ages 7 - 13)



#### STEAM LAB ROBOTICS CLASS CANCELED 9/6/16

Fascinated with making Legos move? Learn to work in teams to build and program robots using the Lego WeDo (2nd - 4th Grade) and Lego Mindstorms (4th - 8th Grade) robotic platform. Youth leverage sensors to allow robots to react to the world around them. In the end, battle and race the bots against other builders. Class will cover - What are Robots? Building Robots, Programming and Coding and Sensors. Come join the fun and learn to build and program robots! *Registrations must be received by the Friday before class begins.*

#18453..... R \$100/NR \$120  
W 10/5-10/26 4-5 p.m. Loc: Lytle House

#### Road Trip USA with Smart with Art (Ages 6-12)

Pack your bags and hop in the car with Smart with Art as we hit the open road exploring regions of the U.S. in Art! We will drive down to the Grand Canyon to explore chalk pastels, then we will swing by some wacky roadside attractions that will be sure to pop off the page. Rock out with us when we drive through Nashville, home of America's country music, and create a musically inspired marker collage. Watch out for snapping alligators in the Everglades when we create painted relief sculptures on canvas. There is so much to create and explore around the U.S.A. with markers, watercolors, paint, collage, oil pastels, chalk, sculpture and more! Don't miss out on this creative journey from coast to coast! Join us this fall to expand your artistic skills as we road Trip around the USA! And, as always, Dress for Mess! *Registrations must be received by the Monday before class begins.*

#18423..... R\$88/NR \$105  
Th 10/6-11/3 4-5 p.m. Loc: Lytle House



#### City of Bothell Non-Discrimination Policy

The City of Bothell complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective date July 26, 2009) that prohibits discrimination against any person in a community athletics program on the basis of sex. Any questions or comments, please contact Parks and Recreation Director, John Keates, at 425.806.6751.

## ■ RECREATION - YOUTH



Kidz 2-10 years of age learn the world's most popular sport from professional coaches trained in the Kidz Love Soccer method; a session includes age appropriate activities: skill demonstrations, games, and instructional scrimmages conducted in a non-competitive, recreational format. Kidz Love Soccer: "where the score is always fun-to-fun!" Log on to [www.kidzlovesoccer.com](http://www.kidzlovesoccer.com) for more information.

Kidz Love Soccer Rainout Hotline - 1.888.372.5803

*Registrations must be received by the Wednesday before class begins.*



### **Mommy/Daddy & Me Soccer** (Ages 2-3.5)

Introduce your toddler to the "World's Most Popular Game!" As you and your child participate in our fun age-appropriate activities, your child will develop large motor skills and socialization skills. A variety of activities designed around the game of soccer will be played each week. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't watch from the sidelines! Each child will receive a soccer jersey.

#18385..... R \$70/NR \$84  
M 9/19-10/24 5:55-6:25 p.m. Loc: Stipek Park  
#18384..... R \$70/NR \$84  
F 9/23-10/28 3-3:30 p.m. Loc: Cedar Grove Park

### **Tot-Soccer** (Ages 3.5-4)

Encourages large motor skill development through fun soccer games and introduces small children to the group setting. Little tykes will enjoy running and kicking just like the big kids! Participants receive a soccer jersey. Shin guards are required after the first class.

#18388..... R \$70/NR \$84  
M 9/19-10/24 3:10-3:40 p.m. Loc: Stipek Park  
#18389..... R \$70/NR \$84  
F 9/23-10/28 3:40-4:10 p.m. Loc: Cedar Grove Park

### **Pre-Soccer** (Ages 4-5)

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Participants receive a soccer jersey. Shin guards are required after the first class.

#18392..... R \$70/NR \$84  
M 9/19-10/24 3:40-4:15 p.m. Loc: Stipek Park  
#18393..... R \$70/NR \$84  
F 9/23-10/28 4:10-4:45 p.m. Loc: Cedar Grove Park

### **Soccer 1** (Ages 5-6)

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small-sided soccer matches will be introduced gradually. Participants receive a soccer jersey. Shin guards are required after the first class.

#18396..... R \$70/NR \$84  
M 9/19-10/24 4:15-5 p.m. Loc: Stipek Park  
#18397..... R \$70/NR \$84  
F 9/23-10/28 4:45-5:30 p.m. Loc: Cedar Grove Park

### **Soccer 2: Skillz and Scrimmages** (Ages 7-10)

Players will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class we will play games to build individual skills and small-sided scrimmages that emphasize finer technical points. This is the perfect bridge from our Soccer I class to the next level. All levels of skill are welcome to learn and enjoy the world's most popular sport! Participants receive a soccer jersey. Shin guards are required at the first class.

#18400 R \$70/NR \$84  
M 9/19-10/24 5-5:45 p.m. Loc: Stipek Park  
#18401..... R \$70/NR \$84  
F 9/23-10/28 5:30-6:15 p.m. Loc: Cedar Grove Park



# Smart with Art

Smart with Art is an innovative, fun mobile art company providing educational art experiences. We strive to provide enriching art experiences, where students are offered the option to explore and create while learning new skills. In each Smart with Art class, students will learn about how to use the materials at hand, be exposed to cultural and art historical content and explore the principles of design. Check out our website at [www.smartwithart.net](http://www.smartwithart.net) to learn more. *Registrations must be received by the Wednesday before class begins.*

## SATURDAY SMART WITH ART WORKSHOPS

### Clay Creations for Fall (Ages 6 - 11)

Join Smart with Art as we create and design clay pieces that can be displayed in your home with a fall theme. Works of art will be created, glazed and fired in our kiln. Clay will be returned to Bothell City Hall 2 weeks after workshop date for pick up. Dress for Mess!

#18413..... R \$40/NR \$48  
S 10/1 10 a.m. - Noon Loc: Lytle House



### Paint it Up! (Ages 6 - 11)

Join Smart with Art as we create and design a one of a kind canvas painting. We will be working with acrylic paint on an 11" x 14" stretched canvas. Paintings will go home at the end of this workshop. Dress for Mess!

#18414..... R \$35/NR \$42  
S 11/5 10 a.m. - Noon Loc: Lytle House



### Holiday Gift Making (Ages 6 - 11)

Join Smart with Art as we design and create a special gift just for that special person in your life. We will craft away and have our art inspired creation gift wrapped and ready for gift giving!

#18415..... R \$45/NR \$54  
S 12/3 10 a.m. - Noon Loc: Lytle House

# Safe

# HALLOWEEN

## MONDAY, OCTOBER 31

## 4-6PM

Bothell Country Village

## 5-7PM

Main Street



## RECREATION - TEENS & FAMILY



### Super Sitters (Ages 11 - 15)

This program is designed to train young people in basic babysitting and home-alone skills. Students completing this course will be better prepared to provide a safer and more positive infant/child care experience. Taught by a hospital-qualified instructor, this course includes parent expectations, basic first aid, home and fire safety, the Heimlich maneuver, telephone tips, toys and activities, and infant care. Participants receive a Babysitting 101 handbook as well as a course certification card upon successful completion of the class. Bring a sack lunch, drink, and an afternoon snack. *Registrations must be received by the Wednesday before class begins.*

#18436.....R \$47/NR \$56  
S 10/22 9 a.m. - 2 p.m. Loc: Lytle House

### Beginning Digital Photography (Ages 15 & up)

Are you frustrated with your digital camera? Tired of blurry images, or images that are too dark or too bright? Then this beginning digital photography class is just what you need to change that frustration into happiness. This 5 week class will teach you everything you need to know about how to use your camera to its fullest potential. Class covers all the basics including composition, shutter speed, aperture, ISO, white balance and basic flash. Each week you will build on the previous week's lessons and all techniques are taught through hands-on exercises that are fun and instructional. Jeffrey Fong is a professional photographer who loves teaching beginning photography and watching people become excited to use their camera.

DSLR or Point and Shoot camera with DSLR features required. Tripod will be necessary for class as well. Participants must have basic working knowledge of their specific camera.

#18442.....R \$70/ NR \$84  
T 9/20-10/18 6:15-7:15 p.m. Loc: Lytle House



### Muffins and Monet (Ages 18 & up)

Looking for a brunch option with artistic flair? Relax on a weekend morning with coffee, muffins, and a magnificent work of art. Over the course of two hours, you will create your own version of Regatta at Argenteuil, Monet's depiction of sailboats on a warm summer day. Forget the chilly weather outside! A professional artist will guide you as you use chalk pastels to create a warm, sunny masterpiece, suitable for framing. Bring a friend... or make new friends! No prior art experience necessary. Price includes coffee, muffins, and all art materials.

#18435 .....R \$35/ NR \$42  
S 10/15 10 a.m.-Noon Loc: Lytle House

**New Offering!**



## RECREATION - FAMILY, YOUTH & ADULT



### Jeff Johnson's Cartooniversity (Ages 9-14)

Be a part of Cartooniversity and have a blast learning the art of cartooning. Class provides a unique opportunity for youth of any skill level to learn all aspects of cartoon drawing from local professional cartoonist, Jeff Johnson. The class emphasizes developing each youth's own style in a positive, encouraging environment through a series of fun, challenging projects. Techniques covered in this class will include character development, expressions, action, movement, layout, background, perspective and more! \*All students need to bring their sense of humor and a sack lunch. Instructor will provide all supplies needed for the class. *Registrations must be received by the Wednesday before class begins.*

#18402 ..... R \$53/NR \$64

S 11/19 10 a.m. – 2 p.m. Loc: Lytle House



### Jr. High Gym Night (All Junior High Students)

Just for Jr. High students! Drop in to shoot some hoops or just hang with friends and have a slice of pizza. This is an award-winning collaborative program between the City of Bothell Parks & Recreation, City of Bothell Fire and E.M.S. and Uncle Peteza's Pizzeria. The program is also sponsored by Heritage Bank. *Program does not run on non-school days.*

FREE - Program begins September 12

M ongoing 5-6:30 p.m. Loc: Frank Love Elementary

### Juggle 4 Fun

(Ages 10 & up)

No experience is necessary. Beginners will learn the basic three ball pattern while more experienced jugglers can learn harder tricks like "The Factory." In addition to balls, we use rings, clubs and other juggling props. There is ample opportunity to work on team juggling and to get help with juggling more than three objects. Juggling is great for improving hand-eye coordination and is fun for the whole family. New students can bring their own juggling balls or borrow balls from the instructor. Juggling balls are also available for \$8 and up. *\*No class on 11/23*

September 28 is "Try Juggling for Free" night. Bring yourself or the entire family to class for free and give juggling a try.

#18417 ..... R \$18/NR \$22

W 9/21 – 11/30\* 7 – 8:30 p.m. Loc: Frank Love El.



### What is all the BUZZ about? (Ages 15 & up)

Did you know you could do wonders for your garden and help the environment at the same time? In the last few years the honeybee population has plummeted due to a variety of impacts. Without these pollinators, many crops in the United States could be lost. Luckily, the Mason Bee can still thrive! Come join us for a wonderful conversation about Blue Orchard Bees and how they can help pollinate your gardens, especially fruit and berry crops. Missy Anderson (alias Queen Bee) from King County Master Gardeners, offers an engaging presentation on these wonderful Mason Bees. Learn about their gentle nature, the value they bring to your world and how easy it is to "host them" in your own yard as well as give them as gifts. *Registrations must be received by the Wednesday before class begins.*

#18455 ..... R \$5/NR \$6

S 1/14 10:30 am. – 12 p.m. Loc: Lytle House

## RECREATION - TEEN & ADULT

### The Basics of Fly Fishing (Ages 16 & up)

Come join Johnny Boitano from Troutwater Fly Shop in Cle Elum/Ellensburg as he teaches the Basics of Fly Fishing.

Course topics will include –

- Gear – rods, reels, tools, boots waders etc.
- Lines, Leaders, Tippets and Knots
- Flies – types of bugs, dries, nymphs, streamers etc.
- Basics – reading the water, presenting the fly, setting the hook, landing fish etc.
- Casting – basic cast and the roll cast.

Whether you are brand new to the sport or, have been fishing for a while, this class has something for you. By the end of the day you will be much more prepared to find success in the amazing sport of fly fishing. Class fee includes a pizza and pop lunch.

#18454..... R \$25/NR \$30

S 1/21 10 a.m. – 3 p.m. Loc: Lytle House



## Come Join the Salmon Watcher Program



Want to help identify salmon species and count spawning salmon in local streams? You're invited to attend a training program. Volunteers will attend one training session and pledge to watch a site along a local road or bridge for 15 minutes, twice a week from September to December. Representatives from sponsoring agencies and organizations will support you throughout the program.

This is the 21st year of the Salmon Watcher Program, a multi-jurisdictional partnership

focused on protecting salmon and educating the community. This program allows residents to see what's going on first-hand in our local streams, and help detect any potential barriers or issues that would prevent salmon from spawning safely. The more eyes watching, the more information we have about conditions and activity in our watersheds.

Your observations also add to information that scientists and policy-makers use to make recovery decisions. And, you get to experience the magic of spawning salmon in your neighborhood — an opportunity Bothellites are lucky to have.

**TRAINING SESSION: TUESDAY, SEPTEMBER 13 • 7-9 PM**  
**BELLEVUE CITY HALL, 450 110TH AVE NE, BELLEVUE**

Questions about the program? Contact Janet Geer [janet.geer@bothellwa.gov](mailto:janet.geer@bothellwa.gov) 425.806.6796

**Here's hoping for a fish-filled fall.**



## Belly Dance for Beginners (Ages 15 & up)

This class is for students who are new to belly dance or students who are new to Sunniva's lessons. In this class you will learn exciting dance steps and moves to increase your confidence, core strength and coordination. The class will be broken up into different sections. Focuses will be warm up and drills, new moves, improvisational skills, stretching and cool down (a yoga mat can be brought for this time). Please dress comfortably in exercise tops or t-shirts and yoga pants or shorts. Many belly dancers dance barefoot but shoes are allowed. All ages and sizes are welcomed and encouraged to come to class. Please contact Sunniva for more information: Sunniva5128@gmail.com, *Registrations must be received by the Monday before each session begins. \*No class on 9/21, 11/23.*

#18418..... R \$66/NR \$79  
W 9/14-10/26\* 6-7 p.m. Loc: Lytle House  
#18419..... R \$66/NR \$79  
W 11/2-12/14\* 6 - 7 p.m. Loc: Lytle House

\$15 Drop-In Fee for the classes listed above

## Intermediate Belly Dance (Ages 15 & up)

This class will build upon the fundamentals learned in the beginner class. Adding complexity, layers and focus on improvisational skills brings a new fun challenge to this wondrous art. Focuses of class will be warm up and drills, new moves, improvisational skills, stretching and cool down (a yoga mat can be brought for this time). Please dress comfortably in exercise tops or t-shirts and yoga pants or shorts. Many belly dancers dance barefoot but shoes are allowed. All ages and sizes are welcomed and encouraged to come to class. Please contact Sunniva for more information: Sunniva5128@gmail.com *Registrations must be received by the Monday before each session begins. No class on 9/21, 11/23.*

#18420..... R \$66/NR \$79  
W 9/14-10/26\* 7-8 p.m. Loc: Lytle House  
#18421..... R \$66/NR \$79  
W 11/2-12/14\* 7-8 p.m. Loc: Lytle House

\$15 Drop-In Fee for the classes listed above



## ZUMBA® (Ages 18 & up)

Zumba® is a Latin-inspired dance aerobics class using intervals and body weight resistance to burn fat and sculpt your body. The easy steps require NO dance experience. Bring a water bottle to each class. Classes are taught by Zumba® instructor Amy Larson. Wear comfortable clothes and shoes. **NO CLASS November 24 and December 20 - 29**



**AM CLASSES** T & Th 9 - 10 a.m. ongoing  
Location: Lytle House

**3 WAYS TO PAY!** *Due to limitations with our registration system, online registrations can only be accepted on the first day of each month. Beginning on the 2nd of each month you must register by mail or in person at City Hall. We are sorry for this inconvenience.*

### 1. Purchase a six visit Flex Pass and use it at any AM Zumba class.

#18280 September - October ..... R \$30/NR \$36\*

*\*This pass available for purchase September 1*

#18450 October - November ..... R \$30/NR \$36\*

*\*This pass available for purchase October 1*

#18451 November - December ..... R \$30/NR \$36\*

*\*This pass available for purchase November 1*

#18452 December - January ..... R \$30/NR \$36\*

*\*This pass available for purchase December 1*

### 2. Purchase a 12 visit Flex Pass and use it at any AM Zumba class.

#18447 September - December ..... R \$60/NR \$72\*

*\*This pass available for purchase September 1*

#18446 October - January ..... R \$60/NR \$72\*

*\*This pass available for purchase October 1*

#18449 November - February ..... R \$60/NR \$72\*

*\*This pass available for purchase November 1*

#18448 December - March ..... R \$60/NR \$72\*

*\*This pass available for purchase December 1*

### 3. \$8 Drop-In Fee to all ZUMBA® classes (space available)



## RECREATION - TEEN & ADULT

### CARDIO JAM (Ages 18 & up)

Cardio Jam is a high energy club-inspired dance workout that will keep you moving with a playlist full of chart topping Hip Hop, R&B and pop hits, as well as old-school party jams. The steps require NO dance experience. Come dance to some great music and burn a ton of calories. Bring a water bottle to each class. Classes are taught by instructor Christie Laverman. Wear comfortable clothes and shoes. *No class will be held on December 26*

M 7 - 8 p.m. Ongoing Loc: Lytle House

**3 WAYS TO PAY!** *Due to limitations with our registration system, online registrations can be accepted until the first day of each month for each class. Beginning on the 2nd you must register by mail or walk in to City Hall. We are sorry for this inconvenience. All Flex Passes are available online beginning in June.*

#### 1. Purchase a 6 visit CARDIO JAM pass.

#18292 September - October ..... R \$30/NR \$36

#18428 October - November ..... R \$30/NR \$36

#18429 November - December .... R \$30/NR \$36

#### 2. Purchase a 10 visit CARDIO JAM pass.

#18319 September - December ... R \$50/NR \$60

#18424 October - January ..... R \$50/NR \$60

#18425 November - February..... R \$50/NR \$60

#### 3. \$8 Drop-In Fee (if space available)



## Do you like to walk in Bothell?

### Help create the Bothell Walking Guide

The City of Bothell Parks & Recreation Department, along with the National Park Service, Community Transit, and UW Bothell, is working on the Bothell Walking Guide - a resource for the Bothell community to learn about great walks around the places where we live, work, learn, and play!

What is a Walking Guide? It will be a tri-fold brochure that highlights about 10 signature walking routes in the Bothell area. The goal is to promote walking as a safe, healthy, and fun way to enjoy the community and get active. Eventually, we want to encourage Bothell healthcare providers to use the Walking Guide as part of a "walking prescription program."

Community input is crucial in planning and designing the Walking Guide. Please take five minutes to tell us about your experiences on Bothell parks and trails. You have a chance to win a prize!

Take the survey: <https://www.surveymonkey.com/r/7LFR6CF>

Paper surveys available at:

Bothell City Hall  
18415 101st Ave NE  
Bothell, WA 98011

Contact John Keates, Director of Parks and Recreation,  
at [john.keates@bothellwa.gov](mailto:john.keates@bothellwa.gov) or 425-806-6751.

# RECREATION - TEEN & ADULT

## Relax and Renew Yoga (Ages 15 & up)

Yoga aids in tempering anxiety in everyday life. This class will combine gentle movement, restorative exercise, and breathing techniques that can address stress, and its effect on the nervous system. Instructor Debby Bliss is a 2,000 hour certified Purna yoga teacher. Students should bring a yoga matt, two blocks, and an 8 foot yoga strap. No previous experience required. \*No class on 11/24

Loc: Lytle House

#18430..... R \$66/NR \$79

Th 9/22 -10/27 5:30 - 6:30 p.m.

#18431..... R \$66/NR \$79

Th 11/3 -12/15\* 5:30 - 6:30 p.m.

New Offering!



New Offering!

## Intermediate Yoga (Ages 16 & up)

This class will emphasize refinement of basic poses. We will explore inversions, backbends, forward bends and twists on a deeper level. Students must have 6 months minimum previous yoga experience. Instructor Debby Bliss has been practicing yoga for over 20 years and is a Certified Purna Yoga teacher at the 2,000 hour level. Required props are two yoga blocks, an 8 foot yoga strap, and a sticky mat. \*No class on 11/24

#18433..... R \$66/NR \$79

Th 9/22 -10/27 6:30 - 8 p.m. Loc: Lytle House

#18432..... R \$66/NR \$79

Th 11/3-12/15\* 6:30 - 8 p.m. Loc: Lytle House

**\$15 Drop-In Fee  
for the class  
listed above**



## Prenatal Yoga (Ages 18 & up)

Relax and connect with other soon-to-be moms in a yoga class designed especially for your changing pregnant body. Whether you are new to yoga or an experienced yogi, enjoy a variety of safe poses that help you gain strength and stamina for childbirth and early parenting. Calming music and guided breathing techniques allow your stress to melt away. Bring a yoga mat, two pillows, a blanket or large beach towel, and a water bottle. Contact Jenny at [jennyferreira@hotmail.com](mailto:jennyferreira@hotmail.com) if you have any questions. Jenny is an experienced instructor with over 85 hours of specialty training in prenatal yoga. She has two children of her own.

*Classes begin on Monday, September 19. No class on 10/31, 11/24, 12/26 and 12/29*

**Two different class days/times you can attend**

Mondays 5:30-6:30 p.m. and/or Thursdays 10:30-11:30 a.m.

Loc: Lytle House

**Purchase a 5 visit flex pass and attend your choice of 5 classes over a two month period.**

You can attend all Mondays or all Thursdays or a mix of both.

#18443 Begins September 19.....R \$55/NR \$66

#18444 Begins October 3.....R \$55/NR \$66

#18445 Begins November 3.....R \$55/NR \$66

**\$15 Drop-In Fee for the classes listed above**



## RECREATION - TEEN & ADULT

### CPR & FIRST AID CLASSES: Individuals, Businesses & Groups

Classes are taught by City of Bothell Fire and E.M.S. For registration information, please contact City of Bothell Parks and Recreation at 425.806.6760. Registration is required for all classes. For specific CPR/First Aid class questions, contact Public Educator Kirsten Clemens at 425.806.6106 or [kirsten.clemens@bothellwa.gov](mailto:kirsten.clemens@bothellwa.gov)



#### Adult/Child CPR and AED

This course teaches participants CPR and to use the AED (Automated External Defibrillator) for adults (eight years old and above) and children (one to eight years old). Participants learn how to recognize and respond to life threatening medical emergencies, such as heart attack, cardiac arrest, stroke, and choking. This course meets workplace requirements and upon successful completion, you will receive an American Heart Association student manual & certification card valid for two years. Please note: this class does not include First Aid and does not meet the requirements for Healthcare Provider CPR/AED.

*Registrations must be received by the Monday before class begins.*

Loc: Downtown Firehouse

#18407.....	R \$45/NR \$54
T 9/13	5-7:30 p.m.
#18405 .....	R \$45/NR \$54
T 10/11	5-7:30 p.m.
#18406.....	R \$45/NR \$54
T 11/15	5-7:30 p.m.
#18408.....	R \$45/NR \$54
T 12/13	5-7:30 p.m.

#### Basic First Aid

Do you know how to respond in an emergency? Learn the most common medical and injury emergencies, such as, treating shock, opening an airway, controlling bleeding, and much more. This course is meant to meet workplace requirements and upon successful completion, you will receive an American Heart Association student manual & certification card valid for two years. Please note: this class does not include CPR. CPR and AED classes are also available, please see course offering below.

*Registrations must be received by the Monday before class begins.*

Loc: Downtown Firehouse

#18411 .....	R \$45/NR \$54
T 9/13	7:30-10 p.m.
#18409 .....	R \$45/NR \$54
T 10/11	7:30-10 p.m.
#18410 .....	R \$45/NR \$54
T 11/15	7:30-10 p.m.
#18412.....	R \$45/NR \$54
T 12/13	7:30-10 p.m.



## Bothell FIT4MOM Classes *(Open to all moms)*



Are you a new or seasoned mom looking to get in shape, meet other moms, and set a positive example for your little one? Look no further, FIT4MOM of Bothell has partnered with the City of Bothell Parks & Recreation to bring you Stroller Strides classes! Stroller Strides is a 60 minute, total body fitness program for moms that

you can do with your baby. It includes power walking and intervals of body toning using exercise tubing, the environment, and the stroller. Taught by specially trained instructors who are also moms, Stroller Strides is designed to be a great workout for ANY level of exerciser. Your first class is FREE, come try one at any time!

Visit [www.bothell-kirkland.fit4mom.com](http://www.bothell-kirkland.fit4mom.com) for our complete class schedule including times, days, and fees. All payments are taken at class. Contact Hilary Storey with any questions at [hilarystorey@fit4mom.com](mailto:hilarystorey@fit4mom.com)

Monday – Saturday 9:30 a.m. Loc: Park at Bothell Landing *(This program will run through October if weather permits.)*

## Give input into the East Norway Hill Park Master Plan

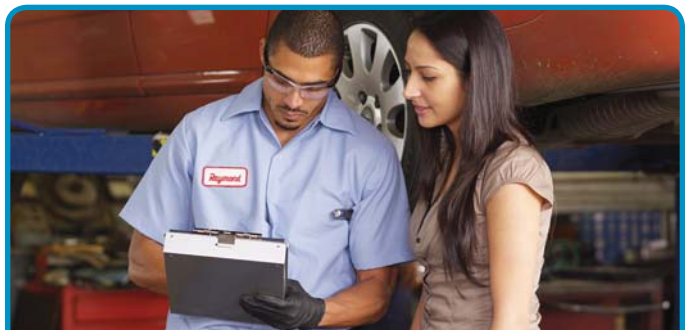
You're invited to a workshop to share ideas and suggestions for the East Norway Hill Park Master Plan. The Bothell Parks and Recreation Advisory Board and the Parks and Recreation Department want to hear from you:

Thursday, Oct. 13, 7 p.m.  
Bothell City Hall, 18415 – 101st Ave NE

The City acquired East Norway Hill Park from King County during an annexation. The park, in southeast Bothell, is 25.1 acres. About 22 acres is undeveloped, and just shy of three acres is developed, with an informal field space and a few picnic tables. The park has no off-street parking, children's play equipment, restroom or other amenities commonly found at a neighborhood or community park.

The final master plan will be used to guide any future improvements to the park.

Questions? Contact John Keates, Parks and Recreation Director, [john.keates@bothellwa.gov](mailto:john.keates@bothellwa.gov), 425.806.6751



## FREE WORKSHOPS OFFER OIL LEAK INSPECTIONS

**Does your car drip?** Ever wondered if a 'spot' on the ground came from your car?

Join the experts for a FREE Auto Leaks workshop - a \$125 value. Open to everyone in Puget Sound.

- Get a free professional inspection from a certified automotive instructor
- Learn how to identify and prevent leaks
- Repair tips for minor leaks, preventive maintenance
- Leave class with a FREE Vehicle Maintenance Check Kit and the confidence to talk to your mechanic

Snohomish County Workshop Locations Include:  
*(One hour in class session and the rest is in the shop)*

**Marysville-Pilchuck High School:**  
Wednesdays and Saturdays

**Cascade High School:** Coming this fall

**Sno-Isle Technical College:** Coming this fall

Space is limited, so register now: [www.fixcarleaks.org](http://www.fixcarleaks.org)

See how we are working to contain spills to our roadways here: [www.bothellwa.gov/surfacewater](http://www.bothellwa.gov/surfacewater)

FREE workshops brought to you by the Department of Ecology and WSU Snohomish County Extension.



## RECREATION - TEEN & ADULT



Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. All courses run for six weeks (with a two-week grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any of these courses entirely from your home or office and at any time of the day or night.

### How to Get Started:

1. Visit [www.ed2go.com/bothell](http://www.ed2go.com/bothell) and choose a class from the many choices listed
2. Fill out the registration form and mail/fax/walk to Bothell Parks and Recreation with payment.
3. Once you have registered with the Bothell Parks and Recreation, go back to our Online Instruction Center [www.ed2go.com/bothell](http://www.ed2go.com/bothell)
4. Click the Orientation link and follow the instructions. During orientation, you will learn important information about your course and be provided an opportunity to choose the name and password you will use to access your course.
5. When your course starts, return to our Online Instruction Center and click the Classroom link. To begin your studies, simply log in with the name and password you selected during orientation.

**Start Dates:** A new section of every course in this catalog will begin on September 14, October 12, November 9 and December 14

**Requirements:** All courses require Internet access, e-mail, the Netscape Navigator, or the Microsoft Internet Explorer. Some courses may have additional requirements. Please visit our Online Instruction Center for more information.

Class Fees:.....R \$87/NR/\$104

Multiple classes may be offered under each of the following sections. Make sure to go to [www.ed2go.com/bothell](http://www.ed2go.com/bothell) to see a complete list and description of class offerings.

THE INTERNET LANGUAGES PC NETWORKING/TROUBLESHOOTING PERSONAL  
ENRICHMENT PERSONAL DEVELOPMENT PERSONAL FINANCE SALES AND MARKETING  
START YOUR OWN BUSINESS TEST PREP WEB & COMPUTER PROGRAMMING WEB  
GRAPHICS & MULTIMEDIA WEB PAGE DESIGN WRITING & PUBLISHING EVENTS



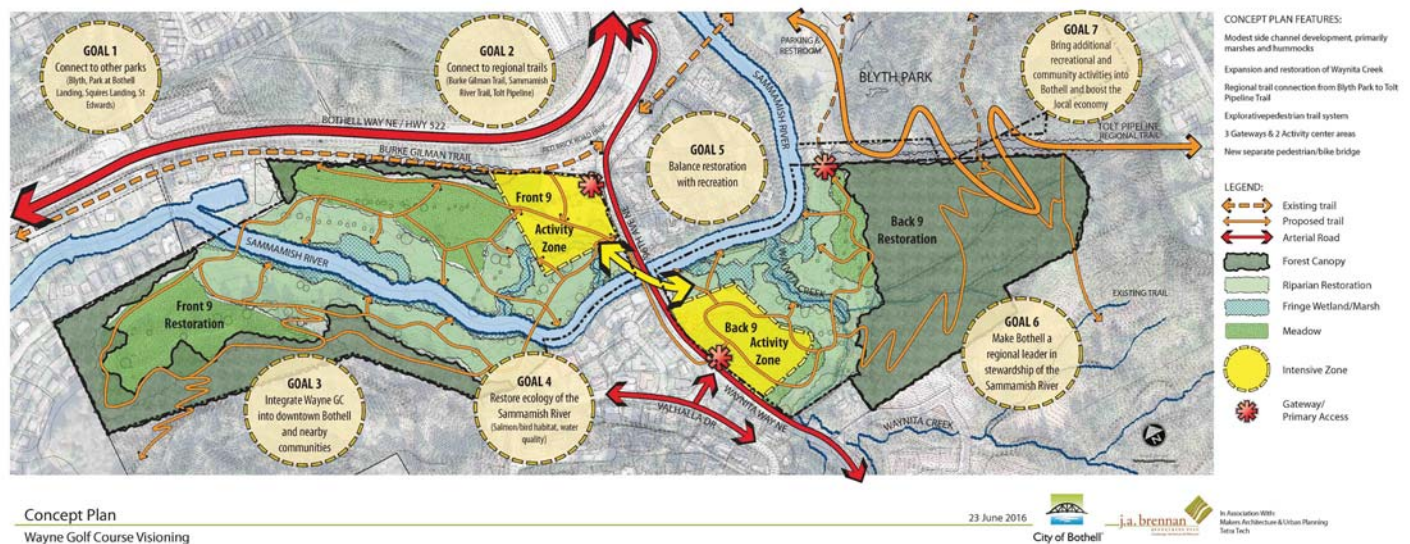
## Wayne Golf Course Visioning Process complete

With your help, the City of Bothell, Forterra (a non-profit land conservation, stewardship and community-building organization), OneBothell and King County have completed first phase of the Wayne Golf Course Visioning Process. Thank you to everyone who participated, including more than 1,000 community members who completed an online survey, and many who attended one or more public meetings. You can find the results in the Visioning Plan Report online.

The Visioning Plan will be used to support numerous grant applications for acquisition of both the Wayne Golf Course front nine and the back nine. The Plan also will guide decisions during the acquisition process leading up to completion of a formal Master Plan when the property is acquired.

**For more information:** [www.bothellwa.gov/WayneVisioning](http://www.bothellwa.gov/WayneVisioning)

John Keates, Bothell Parks and Recreation Director: [john.keates@bothellwa.gov](mailto:john.keates@bothellwa.gov), 425.806.6751



## CITY OF BOTHELL - Community Contacts

<b>Bothell Historical Museum</b> .....	425.486.1889 .....	<a href="http://bothellhistoricalmuseum.org">bothellhistoricalmuseum.org</a>
<b>Bothell Library</b> .....	425.486.7811 .....	<a href="http://kcls.org/bothell">kcls.org/bothell</a>
<b>Cottage Lake Swimming Pool</b> .....	425.485.9797 .....	<a href="http://seattlemca.org">seattlemca.org</a>
<b>Greater Bothell Chamber of Commerce</b> .....	425.485.4353 .....	<a href="http://bothellchamber.com">bothellchamber.com</a>
<b>Kenmore Parks and Recreation</b> .....	425.398.8900 .....	<a href="http://cityofkenmore.com">cityofkenmore.com</a>
<b>King County Parks and Recreation</b> .....	206.296.8687 .....	<a href="http://kingcounty.gov/recreation/parks.aspx">kingcounty.gov/recreation/parks.aspx</a>
<b>Northshore School District</b> .....	425.408.6000 .....	<a href="http://nsd.org">nsd.org</a>
<b>Northshore Senior Center</b> .....	425.487.2441 .....	<a href="http://northshoreseniorcenter.org">northshoreseniorcenter.org</a>
<b>Northshore YMCA</b> .....	425.485.9797 .....	<a href="http://seattlemca.org/page">seattlemca.org/page</a>
<b>Snohomish County Parks and Recreation</b> .....	425.388.6600 .....	<a href="http://snohomishcountywa.gov/1540/Parks-and-Recreation">snohomishcountywa.gov/1540/Parks-and-Recreation</a>
<b>Youth Sports</b> - Please see listing on City's website.....		<a href="http://bothellwa.gov">bothellwa.gov</a>



# PARK SYSTEM



**City of Bothell™**

For more information, call City of Bothell Parks and Recreation at 425.806.6760 or visit online at [myparksandrecreation.com](http://myparksandrecreation.com)

	Amphitheater	Barbecue	Bike Trails	Drinking Fountain	Hiking Trails	Historical Features	Interpretive Nature Trail	Off-Street Parking	Picnic Shelter	Picnic Tables	Playground	Restrooms	Sportscourt	Sportsfield - Multi Purpose	Sportsfield - Soccer	Undeveloped	Water Access	Meeting Room	Administrative Office
1st Lt. Nicholas Madrazo Mem. Park • 18809 North Creek Pkwy																●			
Bloomberg Hill Park • 20301 Hollyhills Dr NE											●		●						
Blyth Park ♦ • 16950 W Riverside Dr		●		●	●			●	●	●	●	●					●		
Brackett's Landing • 11101 NE 174th St			●							●							●		
Brickyard Road Park • 16800 Brickyard Rd NE		●								●	●		●						
Cedar Grove Park ♦ • 22421 9th Ave SE		●		●	●			●	●	●	●	●	●	●					
Centennial Park ♦ ★ • 1130 208th St SE		●		●	●	●		●	●	●		●						●	
Conifer View Park • 9055 NE 195th St		●								●	●		●						
Doug Allen Sportsfields ■ • 19417 88th Ave NE		●						●				●		●	●				
East Norway Hill Park • 15101 124th Ave NE					●									●					
Haynes Open Space • 20301 Bothell-Everett Hwy																●			
Lytle House ★ • 9929 NE 180th St						●		●				●						●	●
North Creek Sportsfields ■ • 11800 North Creek Pkwy S			●	●	●			●		●		●		●					
North Creek Forest • 112th Ave NE @ NE 202nd St																●			
Park at Bothell Landing • 9919 NE 180th St	●	●	●	●	●	●	●	●		●	●	●					●		
Red Brick Road Park • SR 522 & 96th Ave NE			●			●													
Royal Oaks Park • 20144 106th Ave NE		●								●	●		●						
Sammamish River Park/Trail • 17995 102nd Ave NE			●		●			●		●							●		
Stipek Park • 1800 242nd St SE		●		●	●				●	●	●	●	●						
Tall Tree Park • 19630 89th Pl NE										●	●								
Volunteer Park • 97th Ave NE & NE 182nd St										●	●		●						
West Riverside Drive Trail • 16950 W Riverside Dr			●	●	●			●				●							
William Penn Park • 19900 100th Ave NE								●		●	●		●						

♦ Picnic shelters available for rent. ★ Room available for rent. ■ Fields available on reservation basis only.

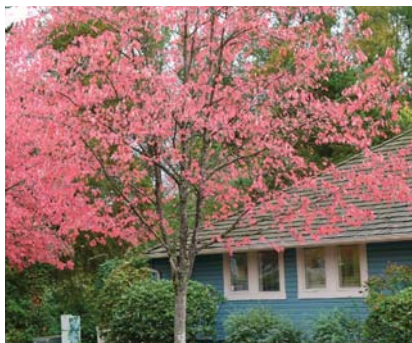
Updated 01/15

## Rental Locations

### LYTLE HOUSE

The Lytle House is perfect for family dinners, parties, showers, receptions and other events for up to 50 people.

Contact us at 425.806.6760 or email [lytlehouse@bothellwa.gov](mailto:lytlehouse@bothellwa.gov) for additional information.



### NORTH CREEK SCHOOL HOUSE

This is the perfect space for a small meeting or gathering.

Contact us at 425.806.6760 for more information. The school house has chairs and tables for groups up to 24.



### MC MENAMINS COMMUNITY ROOM

This community room is free for City of Bothell residents, and has chairs and tables for groups up to 35.

[www.mcmenamins.com/andersonschool](http://www.mcmenamins.com/andersonschool)



# Parks and Recreation - REGISTRATION

**Registrations NOW being accepted.** You can pay by credit card, cash or check, payable to City of Bothell.

CALL: 425.806.6760 for more information, or

MAIL or WALK-IN registration forms to: Bothell Parks and Recreation, 18415 101st AVE NE, Bothell, WA 98011

Fax registration form to: 425.806.6132

Register ONLINE at [bothellparks.net](http://bothellparks.net). If you have an existing account with Bothell Recreation and need your login ID or PIN, do not create a new account. Please call our office and we will provide you with your account information.

Regional park info available at: [myparksandrecreation.com](http://myparksandrecreation.com)

Office hours: 8 a.m. to 5 p.m.

Check whether you live in the City limits:

[www.nwmaps.net](http://www.nwmaps.net)

## RESIDENT DISCOUNT FEE

City of Bothell Parks and Recreation strives to provide quality and affordable recreation opportunities to the community. In recognition that Bothell citizens support our Parks and Recreation services through their city taxes, the City offers its residents a discount on all fee-based recreation programs. Not all persons with Bothell mailing addresses live within the city limits. If you receive a City of Bothell utility bill, you are a Bothell resident. Not sure? Our Parks and Recreation staff will be able to assist you (425.806.6760). Those persons not living within the city limits are welcome to enjoy our activities at the rates listed.

Please Note: All participants are required to sign a hold harmless form prior to participating in any registered program. Parent or guardian signature is required for all participants under 18 years of age. Some class programs may require a separate hold harmless form to be signed due to the specific nature of that program.

## ACCESSIBILITY

City of Bothell Parks and Recreation will make every effort to provide reasonable accommodation for people with special needs. Please contact us three weeks prior to the class starting to discuss accommodations.

## SATISFACTION GUARANTEED

City of Bothell Parks and Recreation strives to provide the best possible recreational programs and to ensure customer satisfaction. If you are dissatisfied with the quality of the program, facility or instructor, you should contact the staff prior to the second class or within two days following a one day class so that your concerns can be quickly addressed.

## REFUND POLICIES

Before you register for any class you should read and understand the following refund policies.

## NONDISCRIMINATION POLICY

The City of Bothell complies with the State of Washington's "Fair Play in Community Sports Act" (Chapter 467, 2009 Laws, effective date July 26, 2009) that prohibits discrimination against any person in a community athletics program on the basis of sex. Any questions or comments, please contact John Keates, Parks and Recreation Director.

## PROGRAMS AND ACTIVITIES

Refund/credit granted if request is made at least five (5) business days prior to the start of class, less \$10 administrative fee.

100 percent refund if class is cancelled.

Class withdrawal requested less than five (5) business days prior to the start of class will result in a credit/refund of 50 percent of the registration fee less a \$10 administrative fee per registrant per class. No refunds for classes costing less than \$10. No refunds/credits will be issued after a class has started.

## MUST COMPLETE ALL INFORMATION

Adult/Guardian (if participant is a minor) _____	Home Phone# _____
Address _____ City _____ Zip _____	Work Phone# _____
Emergency Contact _____	Emergency Phone# _____
E-mail Address _____	

PARTICIPANT'S NAME	BIRTH M/D/Y	CLASS NAME/COURSE #	START DATE	FEE
1.				
2.				
3.				

Total Fees \$ \_\_\_\_\_

**Hold Harmless Clause** I, the undersigned, parent/guardian, assume all risks and hazards incidental to participating in the activity and do hereby waive, release, absolve, indemnify and agree to hold harmless the City of Bothell, their supervisors, participants and instructors for any claim arising out of any injury to myself/child. I, the undersigned, parent/guardian of the participant, am fully aware of the potential dangers and risks inherent in this activity, including physical injury, death or other consequences that may arise or result directly or indirectly from participation in this activity. PHOTO/VIDEO RELEASE: I grant full permission to use any photographs, videotapes, motion pictures, recordings or any other record of this program promotion of the Bothell Parks and Recreation Division.

Signature X \_\_\_\_\_

Make Checks Payable to: **City of Bothell Parks and Recreation, 18415 101st AVE NE Bothell, WA 98011 Fax: 425.806.6132**





City of Bothell™

18415 101<sup>st</sup> Ave. NE  
Bothell, WA 98011

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RESIDENTIAL CUSTOMER



*Save the Date & Get Your Fall On*  
**ECOTOBER**

*Saturday, October 8th • 10 a.m. to 1 p.m.*

**Bothell City Hall, 18415 101st Ave NE**

***bike rodeo, booths, music***

**[bothellcool.org](http://bothellcool.org)**

**REMEMBER TO VOTE NOVEMBER 8**